



## **March 12, 2018, Support Group Meeting**

- When:** Monday, March 12
- Time:** 6:15 pm - Doors open  
6:15 pm - Celiac 101 Class for the Newly Diagnosed  
7:00 pm - Meeting starts
- Where:** Calvary Church  
1051 Landis Valley Road  
Lancaster, PA 17601
- Meeting Room:** Fellowship Hall
- Program:** "Did You Know? A Refresher Course on Celiac Disease"
- Speakers:** Pam Cureton, RD/Nutritionist, &  
Samra Blanchard, MD, Director, both from  
Pediatric Gastroenterology and Hepatology,  
University of Maryland Center for Celiac Research

### **Topics:**

- **Best testing methods for initial diagnosis & follow-up care**
- **Gluten free diet including label reading (such as "manufactured in a plant..")**
- **Preparation for emergencies**
- **Questions & answers**

### **Notes:**

- No reservations necessary. All are welcome.
- Doors will open at 6:15 pm.
- For additional information check out our website: [www.lancasterareaceliacs.org](http://www.lancasterareaceliacs.org) or contact one of our Co-Leaders at: [lac-leader@lancasterareaceliacs.org](mailto:lac-leader@lancasterareaceliacs.org).

### **Directions to Church:**

- From Route 30 take Oregon Pike north to Landis Valley Road.
- Turn right at the light onto Landis Valley Road and travel approximately ½ mile
- Calvary Church is on the left.
- Take the second driveway (*East entrance*) into the church.
- Entrance is under portico, after church office entrance.