

Top Cross Reactors: What's Being Tested:

This test, processed by [Cyrex Labs](#), looks at the most common foods that have the potential to react the same as gluten.

- Cow's Milk IgG, IgA
- Alpha-Casein & Beta-Casein IgG, IgA
- Casamorphin IgG, IgA
- Milk Butyrophilin IgG, IgA
- American Cheese IgG, IgA
- Chocolate IgG, IgA
- Sesame IgG, IgA
- Hemp IgG, IgA
- Rye IgG, IgA
- Barley IgG, IgA
- Polish Wheat IgG, IgA
- Buckwheat IgG, IgA
- Egg IgG, IgA
- Soy IgG, IgA
- Sorghum IgG, IgA
- Millet IgG, IgA
- Spelt IgG, IgA
- Amaranth IgG, IgA
- Quinoa IgG, IgA
- Yeast IgG, IgA
- Tapioca IgG, IgA
- Teff IgG, IgA
- Oats IgG, IgA
- Coffee IgG, IgA
- Corn IgG, IgA
- Rice IgG, IgA
- Potato IgG, IgA
- Whey IgG, IgA